韓藥作誌(Korean J. Medicinal Crop Sci.) 29(1): 17-27 (2021)

Check for updates



# 잇꽃 유전자원의 농업적 형질, 총폴리페놀 함량 및 지방산 조성

Awraris Derbie Assefa<sup>1</sup> · 성정숙<sup>2</sup> · 이명철<sup>3</sup> · 한범수<sup>4</sup> · 노형준<sup>5</sup> · 허온숙<sup>6</sup> · 노나영<sup>7</sup> · 황애진<sup>8</sup> · 김빛샘<sup>9</sup> · 이재은<sup>10†</sup>

# Agro-morphological Characters, Total Phenolic Content, and Fatty Acid Compositions of Safflower Genetic Resources

Awraris Derbie Assefa<sup>1</sup>, Jung Sook Sung<sup>2</sup>, Myeong Chul Lee<sup>3</sup>, Bum Soo Hahn<sup>4</sup>, Hyung Jun Noh<sup>5</sup>, On Sook Hur<sup>6</sup>, Na Young Ro<sup>7</sup>, Ae Jin Hwang<sup>8</sup>, Bich Saem Kim<sup>9</sup> and Jae Eun Lee<sup>10†</sup>

#### ABSTRACT

Received: 2020 November 1 1st Revised: 2020 November 4 2nd Revised: 2020 December 30 3rd Revised: 2021 January 6 Accepted: 2021 January 6

This is an open access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http:// creativecommons.org/licenses/ by-nc/3.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

**Background:** Safflower is an important crop that does not require rich soils. It grows well in dry soils or arid areas with seasonal rain. Exploring the fatty acid profiles and agro-morphological characteristics of diversified collections of safflower provides baseline data for developing improved varieties. In this study, we investigated the variation in agro-morphological characteristics, fatty acid composition and total phenolic content of the seeds, and the relationship between the agro-morphological and biochemical characteristics.

**Methods and Results:** Agro-morphological characteristics were recorded in the field and laboratory. Total phenolic content was estimated using Folin-Ciocalteu's method and fatty acids were determined using gas chromatography-mass spectrometry. Orange, red, and white petal colors were observed; orange was the dominant pigment. Wide ranges of other agro-morphological characteristics were also recorded. More than 87% of the accessions contained > 50% linoleic acid while approximately 12% of the accessions contained > 50% oleic acid. A strong correlation was observed between palmitic and linoleic acid, and crude fat and oleic acid. A strong negative correlation was observed between crude fat and linoleic acid, palmitic and oleic acid, and oleic and linoleic acid.

**Conclusions:** Safflower accessions were found to be a poor indicator of essential linolenic acid. The wide variation in agro-morphological and biochemical traits of safflower accessions could potentially help to develop an improved, nutrient-dense safflower cultivar.

Key Words: Carthamus tinctorius, Agro-morphological Trait, Fatty Acid Ratios, Linoleic Acid, Total Phenolic Content, Oleic Acid, Unsaturated Fatty Acids

# INTRODUCTION

Safflower (Carthamus tinctorius L.) is a draught and salt tolerant underutilized oil seed crop of the Asteraceae family

(Pearl and Burke, 2014). It is believed to be originated from southern Asia and have been cultivated in China, Egypt, India, and Iran in the era of human prehistory, and during the Middle Ages in Italy, France, and Spain (Turgumbayeva *et al.*, 2018).

<sup>&</sup>lt;sup>†</sup>Corresponding author: (Phone) +82-63-238-4933 (E-mail) jnlee88@korea.kr

<sup>&</sup>lt;sup>1)</sup>국립농업과학원 농업유전자원센터 연구원 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>&</sup>lt;sup>2)</sup>국립식량과학원 남부작물부 연구관 / Researcher, National Institute of Crop Science, RDA, Miryang 50424, Korea.

<sup>&</sup>lt;sup>3)</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>&</sup>lt;sup>4)</sup>국립농업과학원 농업유전자원센터 연구관 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>&</sup>lt;sup>5)</sup>국립농업과학원 농업유전자원센터 연구관 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>&</sup>lt;sup>6)</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>&</sup>lt;sup>7)</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea. <sup>8)</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>9</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

<sup>10</sup>국립농업과학원 농업유전자원센터 연구사 / Researcher, National Agrobiodiversity Center, RDA, Jeonju 54874, Korea.

Australia, Ethiopia, India, Mexico and the USA, are the largest safflower producers accounting 85% of the world's production altogether (Liu *et al.*, 2016). It is a branching, thistle like herbaceous perennial broad leaf crop (Dajue and Mündel 1996; Park *et al.*, 2005).

Studies based on phylogenetic analysis of a combined dataset and unweighted pair group method with arithmetic mean (UPGMA) dendrogram clustering analysis, nuclear DNA assay results, and fluorescent in situ hybridization (FISH) studies showed that *C. tinctorius* L. is most likely domesticated from the wild species, *Carthamus palaestinus* (Chapman and Burke 2007; Sasanuma *et al.*, 2008; Agrawal *et al.*, 2013; Ambreen *et al.*, 2015). The petals, stamens, and pistils of safflower exhibited different colors including, white, yellow, orange, red, and creamy (Kim *et al.*, 2020).

Color is an important character that used as an external appearance index for evaluation of the quality of the safflower in assessment of conformity on certain specifications and change in quality due to processing and storage. Safflower crop is also characterized by significant variations in agro-morphological characters including, plant height, leaf length and width, days to flowering, and seed length and weight (Sung *et al.*, 2016).

Safflower is an important crop that does not require rich soils and grows well in dry soils or arid areas having seasonal rain. It is a source of both edible and biodegradable oil for technical use, medicinal plant and part of animal feeding mixtures (Golkar, 2014). *Carthamus tinctorius* L. is one of the most studied major *Carthamus* species. Various chemical components from different parts of *Carthamus* species have been reported including phenolic acids, flavonoids, alkaloids, quinochalcones, triterpenes, sterols, volatiles constituents, amino acids, fatty acids, sugars, and others (Akihisa *et al.*, 1996; Zhang *et al.*, 1997; Takii *et al.*, 1999; Kazuma *et al.*, 2000; Hotta *et al.*, 2002; Mitova *et al.*, 2003; Taskova *et al.*, 2003; Zhou *et al.*, 2014; Conte *et al.*, 2016; Pu *et al.*, 2019).

The safflower seed oil is rich in unsaturated fatty acids (Sung *et al.*, 2016, 2018). Depending on the variety, growing season, and environment the safflower seed could contain up to 45% oil (Emongor, 2010; Liu *et al.*, 2016). Safflower seed is mainly composed of two unsaturated omega-6 (linoleic acid) and omega-9 (oleic acid) fatty acids. Safflower seed oils have been used in various application including preparations of resins for paints and varnishes, edible oils, and cosmetics (Ekin

2005; Emongor 2010; Liu et al., 2016).

Linoleic acid is an essential fatty acid that can't be produced by our body in contrast to oleic acid and need to be obtained through diet (Winitchai *et al.*, 2011). Linoleic acid is lightweight and thinner that can easily be absorbed by our skin. Hence, in cosmetic industry oils with high content of linoleic acid could be used to control acne while the thicker oleic acid is beneficial for those with dry/aging skin (Downing *et al.*, 1986).

Previously, the diversity of safflower germplasm of the National Agrobiodiversity Center (NAC) collected from Asian countries in terms of the fatty acid composition were explored (Shim *et al.*, 2004; Sung *et al.*, 2016, 2018). Exploring the fatty acid profiles and agro-morphological characters of diversified collections of safflower has a paramount importance to develop new cultivars with improved adaptability and nutritional quality.

Hence, in this study we have investigated: 1) the variation in agro-morphological characters; 2) the fatty acid composition and total phenolic content of the seeds; and 3) the relationship between the agro-morphological and biochemical characters of 237 germplasm collections from 26 countries across the world.

# MATERIALS AND METHODS

#### 1. Plant materials and reagents

Hexane, NaOH, 14% boron trifluoride-methanol (BF<sub>3</sub>methanol), gallic acid standard, and Folin–Ciocalteu reagent, and standards of fatty acids were purchased from Sigma-Aldrich (St. Louis, MO, USA).

Seeds of 237 accessions of safflower (*Carthamus tinctorius*) were obtained from the gene bank of the National Agrobiodiversity Center (NAC) of Korea. The accessions were originated from the following countries: Afghanistan (2), Armenia (1) Australia (2), Bangladesh (1), Canada (17), China (30), the former Czechoslovakia (3), Egypt (24), Spain (4), Ethiopia (1), France (2), India (5), Kazakhstan (27), Kyrgyzstan (2), South Korea (4), Morocco (3), Mexico (2), Myanmar (2), Pakistan (1), Russia (1), Sudan (4), Syria (1), Tajikistan (2), Turkey (10), United States of America (72), and Uzbekistan (14). The seeds were sown on March 14, 2018 at the experimental field of NAC in Jeonju (35°49'18"N, 127°08'56"E).

The experimental field is a sandy loam soil with pH 6.0. Each material had 21 seedlings in a plot (row spacing and plant to plant spacing were 30 cm and 20 cm respectively) in non-replicated design. Rural development Administration's, Jeonju, Korea, recommended agronomic practices for safflower was followed. Plants were drip irrigated and were harvested manually in August, 2018.

#### 2. Agro-morphological characters

Agro-morphological traits such as plant height, leaf length and width, spines, leaf margin, days to flowering and ripening, flower color, seed length and weight were recorded in the field and laboratory following the procedure described by Sung *et al.* (2016).

Plant height (CM) was measured at full flowering stage from ground level to the main stem's tip. The length and width of the leaf (CM) were measured starting from the base to the tip. The bract spines were recorded in score of 0 to 2, 0 = spineless, 1 = short spine (< 2 mm), and 2 = long spine (> 2 mm). Shape of leaf margin were recorded in 0 to 2 score, 0 = smooth, 1 = light split, and 2 = deep split.

Days to flowering were counted as number of days taken where at least three plants showed open flowers starting from the days of sowing. Petal color was described as orange, red, and white. Seed was harvested manually at full maturity. The seed yield was measured using ten plants per accession and reported in gram (g) per plant.

### 3. Extraction and determination of total phenolic contents

Phenolic compounds were extracted following the procedure described earlier with some modification (Assefa *et al.*, 2018). Briefly, seeds of safflower were dried in a VS-1202D drying oven (Vision Scientific, Bucheon, Korea) for 3 days at 40 °C. Samples were ground to fine powder and phenolic compounds were extracted from 7 g sample using 75% ethanol (40 m $\ell$ ) in an accelerated solvent extractor (ASE) (ASE-200, Dionex, Sunnyvale, CA, USA) under nitrogen gas. The pressure and temperature were set as 1200 psi and 70°C, respectively.

Each extract solution was transferred to a 50 m $\ell$  conical tube and the solvent was evaporated using a Genevac HT-4X (Genevac Ltd., Ipswich, England) vacuum concentrator at 40°C for 10 h. Samples were then reconstituted at the appropriate concentration. Each sample was prepared in biological triplicates. Test solutions were filtered using a 0.45  $\mu$ m syringe filter prior to total phenolic content assay.

Total phenolic content (TPC) was determined based on Folin-Ciocalteu's method (Waterhouse, 2002) after some modifications as described by Assefa *et al.* (2018). Briefly, 100  $\mu\ell$  Folin-Ciocalteu reagent was added to a sample solution (100  $\mu\ell$ ) or standard solution and kept at room temperature for 3 min. To this mixture, solution of 2% sodium carbonate (100  $\mu\ell$ ) was added, followed by incubation for 30 min in a dark place. Absorbance of the solutions were recordedusing an Eon Microplate Spectrophotometer (Bio-Tek Inc., Winooski, VT, USA) at 750 nm. Distilled water was used as a blank. Results were presented as  $\mu g$  gallic acid equivalent per mg sample ( $\mu g \cdot GAE/mg$ ). Each sample/standard solution was tested in triplicate.

# 4. Fatty acid extraction, derivatization, and GC/MS analysis

The total oil content and individual fatty acids were analyzed based on the procedure described by Sung *et al.* (2018).

The total oil was extracted from 1 g of dry pulverized seeds of safflower in hexane using Soxtec<sup>TM</sup> 2043 (FOSS Tecator AB, Hillerød, Denmark). The solvent was evaporated and the total oil content was determined gravimetrically.

To each tube containing the crude fat,  $2 \text{ m}\ell$  of 0.5 NaOH was added to transmethylize the fatty acids, vortexed for 5 s, heated for 10 min using a water bath at 80°C. After cooling at room temperature,  $2 \text{ m}\ell$  of 14% cold boron trifluoride-methanol solution was added with vortexing for 5 s. Sample solutions were heated again for 10 min at 80°C in water bath and cooled at room temperature. To this solution, seven m $\ell$  of n-hexane and  $2 \text{ m}\ell$  of H<sub>2</sub>O were added, vortexed for 10 s, and centrifuged (temperature, 4°C; speed, 3000 rpm; time, 10 min). The upper layer (hexane part) of the supernatant was filtered using a flower shaped filter paper where anhydrous sodium sulfate powder placed on top of it. Similarly, standards were derivatized. One m $\ell$  of filtrate was transferred to gas chromatography autosampler vials for fatty acid analysis.

Fatty acid methyl esters (FAMEs) were analyzed by GCMS-QP2010 UltraGas Chromatograph (Shimadzu Co., Kyoto, Japan) equipped with an autosampler using a 19091N-136 INNOWAX column (0.25 mm × 60 m, 0.25 mm, Agilent Technologies Inc., Santa Clara, CA, USA). The instrument conditions were described as follows: Column temperature was set initially at 150°C, followed by an increase to 200°C at a rate of 4°C/min, and set to 220°C for the last 5 mins; injector port and the detector were set up at 250 and 300°C, respectively. 10  $\mu\ell$  of each sample was injected. The carrier gas (N<sub>2</sub>) flow rate was set at 0.6 m $\ell/min$ .

The FAMEs in samples were identified by comparison to

their retention time of the authentic standards. The proportion of individual fatty acids in the total fatty acid content was calculated through area-under-the-curve measurements.

#### 5. Statistical analysis

=

Experiments are conducted in a biological triplicates and results are the average of the replicates. IBM SPSS 25 (IBM Co., Armonk, NY, USA) was used to perform Pearson correlation analysis (PCA). PCA was conducted using Palaeontological Statistics, Version 3.06 (PAST) (Hammer *et al.*, 2001). The fatty acid ratios [(oleic acid desaturation ratio (ODR) and linoleic acid desaturation ratio (LDR)] were calculated as follows following a previous report (Velasco *et al.*, 1998).

ODR (oleic acid desaturation ratio)

$$\frac{\%C18:2 + \%C18:3}{\%C18:1 + \%C18:2 + \%C18:3}$$

LDR (linoleic acid desaturation ratio) =  $\frac{1}{2}$ 

 $\frac{\%C18:3}{\%C18:2 + \%C18:2}$ 

# **RESULTS AND DISCUSSIONS**

1. Agro-morphological characters of safflower germplasm The variation in agro-morphological characters (plant length, leaf length and width, petal color, spine, leaf dentation, seed coat color, and days of flowering, ripening and harvest) of 237 accessions of safflower plant are represented in Fig. 1 and Fig. 2.

All the germplasm collections were branching type and exhibited white colored seed coats except one accession which had a yellow color. The petals were red, orange or white colored. The orange color was the predominant petal color that was observed in 182 accessions followed by red color which was recorded in 49 accessions. The petal color of 47 of the accessions changed with development while 190 accession showed no change of color.

The leaves were ovate to obovate shape, mostly with dentate (21 accessions had moderate and 205 had weak dentations) and few smooth (11) margins. The plant length, leaf length, and leaf width were ranged between 65.7 and 160.8 cm, 14.3 and 37.0 cm, and 3.3 and 12.1 cm, respectively.

The safflower plant started flowering between 63 and 91 days (mean,  $81.2 \pm 3.7$ ) after sowing, and ripening anywhere between 91 and 108 (mean,  $99.2 \pm 2.6$ ) days. Plants were ready for harvest in 111 to 132 (mean,  $117.4 \pm 6.1$ ) days. The days of flowering, plant height, leaf length, and leaf width recorded in this study is in concordance with earlier reports (Shim *et al.*, 2004; Sung *et al.*, 2016).

Apart from red, orange, or white, petals of safflower exhibit



Fig. 1. Box and jitter plot of leaf length (LL, cm), Leaf width (LW, cm) plant length (PL, cm), days of flowering (DF), days of ripening (DR), and days of harvest (DH) of 237 safflower germplasm collections. The box plot with jitter (to avoid dot overlap) shows the summary of the distribution of agromorpholical traits of the germplasm collection. The germplasm collections had the most wide range of distribution in their plant length while their leaf width showed the narrowest distribution.

### 잇꽃 유전지원의 농업적 형질 및 함량 조성



Fig. 2. Distribution of safflower accessions experessed in per cent based on some morphological characters. The figure is generated using microsoft office excel (2016 version). The germplasm collection in this study were branching type and dominantly orange petal color, white seed coat color, and weak leaf dentations. The petal color didn't change with maturity in about 80% of the accessions.

Table 1. Mean and range of seed yield, total phenolic content, crude fat and fatty acid compositions in the seeds of 237 safflower accessions.

Characters	Mean	Range						
Total phenol content ( $\mu g \cdot GAE/mg \cdot DE$ )	60.36	23.71 - 132.72						
Seed yield (g/plant)	83.79	21.20 - 144.90						
Crude fat (%)	26.25	14.84 - 41.70						
Fatty acid composition (%)								
Palmitic acid (16 : 0)	5.82	4.15 - 7.66						
Stearic acid (18:0)	2.23	1.49 - 3.25						
Oleic acid (18 : 1)	20.08	9.23 - 83.35						
Linoleic acid (18 : 2)	71.72	10.46 - 82.62						
Linolenic acid (18:3)	0.14	< 0.01 - 2.18						

various colors such as yellow and cream (Kim *et al.*, 2020). The color of safflower plant is an important character that dictate its chemical constituents (Kazuma *et al.*, 2000; Golkar *et al.*, 2010; Kim *et al.*, 2020). The observation about the change in color of the petal with development is supported by Kim *et al.* (2020), Mohammadi and Tavakoli (2015), Flemmer *et al.* (2015), and Kumazawa *et al.* (1994), who indicated that yellow and light-yellow florets of safflower changed to orange, red-orange, dark, or purple at later stages.

The seed yield had shown a wide range of variability (21.2 to 144.9 g/plant) with average value of 83.79 g/plant.

# 2. Total phenolic content and fatty acid profiles of seeds of safflower germplasm

The total phenolic content (TPC) of the seeds of safflower germplasm collections was varied widely ranging from 23.7  $\pm$  0.2 to 132.7  $\pm$  0.6 mg·GAE/g·of dried extract (DE). Highest average level of total phenols was recorded in accession with

red petal color (73.6 mg  $\cdot$  GAE/g  $\cdot$  DE) followed by orange petal colored accessions (57.3 mg  $\cdot$  GAE/g  $\cdot$  DE).

In earlier study, the TPC content in the seeds of 281 safflower germplasm originated from China, Japan, South Korea, and North Korea ranged between 21.0 to 197 mg  $\cdot$  GAE/g  $\cdot$  DE (Sung *et al.*, 2018), which is quite in agreement with this study. The TPC of safflower seeds in this study was also found in a similar range with perilla seeds (88.77 - 148.85 mg GAE/g DE) (Kim *et al.*, 2019).

The total oil content and fatty acid composition of safflower seeds is summarized in Table 1. The seeds of safflower genetic resources accounted an average crude fat composition of 26.25%.

The total fatty acid was comprised of linoleic, oleic, palmitic, stearic, and linolenic acid in decreasing order. Oleic acid and linoleic acid were recorded to be the major fatty acids in the accessions investigated. The fatty acid composition of safflower seeds has shown a wide variability where the two unsaturated fatty acids (oleic and linoleic acid) shown the highest range of variation contributing from 9.23 to 83.35% and 10.46 to 82.62%, respectively.

A wide range of variability of the oil composition among samples have also been reported in earlier studies. The total oil content ranged from 12.5% to 34.1%, 15.8% to 32.2%, and 9.8% to 30.3% in seeds of safflower collected from east Asian, south central Asian and south west Asian countries, respectively (Sung *et al.*, 2016, 2018). The oil content in seeds of safflower collected from Turkey, Iran, India, Egypt, and USA ranged from 23.1 to 36.51% (Matthaus *et al.*, 2015). Another study showed the oil content of safflower from India ranged between 23.8% and 42.9 % (Saisanthosh *et al.*, 2018).

The most common fatty acids reported in safflower species include linoleic acid, oleic acid, palmitic, and stearic acid altogether contributing from 96 to 99% of the total fatty acids (Rahamatalla *et al.*, 2001; Conte *et al.*, 2016; Liu *et al.*, 2016; Zhao *et al.*, 2019). The oil content and individual fatty acids composition of safflower seed oils reviewed earlier (Liu *et al.*, 2016). Linolenic acid, one of the most important unsaturated fatty acid, was found to be a minor constituent (mean, 0.14%) in the accessions investigated. A similar observations was reported in safflower (Cosge *et al.*, 2007; Sung *et al.*, 2016) and sesame (Mondal *et al.*, 2010) seeds, but in perilla seeds linolenic acid was the major fatty acid contributing from 59.19 to 67.28% of the total fatty acid (Kim *et al.*, 2019).

The two saturated fatty acids (palmitic and stearic acid) contributed from 4.15 to 7.66% (mean, 5.82%) and 1.49 to 3.25% (mean, 2.23%) of the total fatty acid composition, respectively.

There were two well-defined patterns on the composition of unsaturated fatty acids among safflower accessions: high-oleic-low-linoleic and high-linoleic-low-oleic acid containing accessions. Most accessions (86.5%) had > 70% linoleic acid and < 22.0% oleic acid, while 11.4% of the accessions contained > 66% oleic and < 30% linoleic acid. Only 5 accessions (2.1%) had a relatively balanced composition (30% - 60%) of both linoleic and oleic acid.

This observation could be partly explained by the reports of Knowles and Hill (1964). These authors reported that the composition of fatty acids in safflower is affected by the major gene locus, ol. The genotype *olol* causes increased percentage of oleic acid while the genotype *OLOL* favors high linoleic acid. On the other hand, the genotype *ol'ol*' or *OLol*<sub>1</sub> has a balanced proportion (about 45%) of each of the acids but these

genotypes are less stable towards changes in temperature resulting slightly higher oleic acid at higher temperature. Later on, a new gene locus (li) that controls high levels of linoleic acid in safflower was also reported with high levels of linoleic (87% - 89%) and very low oleic acid (3% - 7%) compositions (Futehally and Knowles, 1981).

The higher mean value of oleic and linoleic acid indicates high quality of the safflower oil for human consumption. A list of top ten safflower accession containing the highest amount of each biochemical trait is presented in Table 2. Oils with high linoleic acid content are considered premium oil. Five accessions (K186176, K186183, K186321, K186374, K248851) with relatively balanced composition of oleic and linoleic acid contributed greater than 91% of the total fatty acids. These accessions could be used to develop new varieties with high content of both fatty acids as suggest earlier for sesame plant (Uzun *et al.*, 2008).

Fatty acids are produced in stepwise biosynthetic pathway where oleic acid desaturate to linoleic acid and linoleic acid desaturate to linolenic acid. The average saturated fatty acid (SFA) and unsaturated fatty acid (UFA) compositions were 91.95% and 8.05% in the investigated accessions.

The higher the UFA, the better is the quality of the oil. The recommendations on the ratio of linoleic to linolenic acid in the diet by The Food and Agriculture Organizations of the United Nations, FAO, is to be between 5 and 10. On the other hand, the ratio of cholesterol-raising fatty acids (SFA) to polyunsaturated fatty acids (PUFA) is recommended to be 1 : 1 and the total intake of each should not exceed 7% of the total energy (Grundy 1997). In this study, the ratio of linoleic to linolenic acid ranged from 34.99 to 11,500 whereas SFA to PUFA ratio was in the range between 0.09 and 0.57. The fatty acid ratios are useful to evaluate the efficiency of the desaturation pathway (Velasco *et al.*, 1998).

The ODR and LDR estimate the efficiency of desaturation from oleic to linoleic acid and from linoleic to linolenic acid, respectively. The ODR and LDR values were ranged from 0.11 to 0.90 (mean, 0.78) and  $5 \times 10^{-6}$  to 0.027 (mean 0.002), respectively. The ODR values were quite high compared to the LDR values indicating considerably high amount of linoleic acid and low linolenic acid are produced in safflower seeds. The scatter plots of ODR vs LDR (Fig. 3) shows the efficiency of the desaturation metabolism from oleic to linoleic acid and from linoleic to linolenic acid, respectively.

Characters	Range	Accessions								
Total phenol content (µg∙GAE/mg∙DE)		K186351	K265498	K248852	K265492					
	99.52 - 132.72	K264676	K18661	K265500	K186617					
		K186677	K186722							
		K014637	K186078	K186398	K186394					
Seed yield (g/plant)	131.2 - 144.9	K186395	K186399	K186397	K186393					
		K248848	K186396							
		K186324	K186588	K186174	K186591					
Crude fat (%)	38.20 - 41.70	K186177	K186182	K186168	K186175					
		K186387	K186590							
	Fatty acid composition (%)									
		909223	K185413	K186390	K186339					
Palmitic acid (16 : 0)	6.69 - 7.66	K186168	K186340	K185407	K185957					
		K185410	K185404							
Stearic acid (18 : 0)		K185958	K265504	K014637	K185396					
	2.71 - 3.25	K265505	K185406	K185401	909223					
		K185397	K186156							
Oleic acid (18 : 1)		K185939	K186079	K186185	K186399					
	78.12 - 83.35	K186589	K186402	K186336	K186398					
		K186388	K186590							
		K263042	K258594	K186184	K263584					
Linoleic acid (18 : 2)	81.68 - 82.62	K248850	K248845	K185720	K185411					
		K185405	K185400							
		K014636	909220	909223	909221					
Linolenic acid (18:3)	0.41 - 2.18	K003637	909224	K014635	K003282					
		K014637	K014640							

Table 2. Top ten high seed yield-, fatty acid- and TPC-containing accessions of safflower seeds.

# 3. Pearson correlation and Principal Component Analysis (PCA)

Agro-morphological traits and fatty acids compositions of safflower showed both negative and positive relations. The Pearson correlation coefficients between agro-morphological traits, TPC, and fatty acids is presented in Table 3.

The total oil content of seeds showed an inverse relationship with days of flowering, ripening, and harvest of safflower germplasm.

Oleic acid showed a negative significant correlation with days of flowering, days of harvesting, and plant length. However, palmitic and linoleic acid showed a positive correlation with the agro-morphological traits (except with leaf width) although insignificant in some cases.

TPC was significantly correlated with the days of flowering, ripening, harvest as well as the plant length. Safflower accessions with longer leaf length were found to contain high levels of linoleic acid, linolenic acid, and TPC, but lower oleic acid compared to the shorter counterparts.

The presence of spines (scaled from 0 to 2; where 0 representing absence of spines and 2 long spines) was associated with high oil content, stearic acid and oleic acid and low levels of other biochemicals investigated. However, safflower seeds with no spines were associated with higher seed (r = -0.2733).

Individual fatty acids showed significant associations each other. There was an inverse relationship between crude fat vs palmitic acid, linoleic acid, linolenic acid, and TPC. Individial fatty acids were uncorrelated with seed yield.

However, a significant correlation (r = 0.5475) between crude fat and oleic acid was recorded. Palmitic acid was negatively correlated with oleic acid (r = -0.7440) and positively correlated with all other fatty acids where greatest correlation was recorded with linoleic acid (r = 0.7290).



Awraris Derbie Assefa · 성정숙 · 이명철 · 한범수 · 노형준 · 허온숙 · 노나영 · 횡애진 · 김빛샘 · 이재은

Fig. 3. Scatter plots of oleic desaturation ratio (ODR) vs linoleic desaturation ratio (LDR) in safflower accessions. The scatter plots shows the efficiency of the desaturation systems from C18:1 to C18:2, and from C18:2 to C18:3, respectively. Most accessions showed very high values of ODR low LDR, where values converging towards the vertical axis, indicating considerably high amount of linoleic acid and low linolenic acid are produced in safflower seeds.

Table 3. Pearson's correlation coefficients of some agro-morphological characters, total phenolic content, crude fat, and individual fatty acids in 237 accessions of safflower.

	Spine <sup>#</sup>	DF <sup>1)</sup>	DR <sup>2)</sup>			LW <sup>5)</sup>	PL <sup>6)</sup>	Crude fat	16:0 <sup>7)</sup>	18:0 <sup>8)</sup>	18:1 <sup>9)</sup>	18:2 <sup>10)</sup>	18:3 <sup>11)</sup>	TPC <sup>12)</sup>
DF	-0.0735													
DR	-0.0923	0.7168*												
DH	-0.0687	0.6202*	0.8122*											
LL	-0.1329*	$0.3245^{*}$	$0.3307^{*}$	0.2397*										
LW	0.1406*	0.0484	-0.0239	-0.0547	0.4922*									
PL	-0.2427*	$0.5868^{*}$	0.4701*	0.4504*	0.3898*	0.1077								
Crude fat	0.3125*	-0.4176*	-0.2035*	-0.236*	-0.1748*	-0.0052	-0.3062*							
C16:0	-0.1393 <sup>*</sup>	0.1832*	0.0548	0.0943	0.1191	-0.0151	0.0885	-0.2699*						
C18:0	0.1795*	-0.0111	-0.0407	-0.0618	-0.1049	0.0699	0.0049	-0.1233	0.3315*					
C18:1	0.2707*	-0.2189*	-0.1013	-0.1473*	-0.1141	0.0711	-0.1538*	$0.5475^{*}$	-0.7440*	-0.3274*				
C18:2	-0.2736*	0.2184*	0.1020	0.1489*	0.1136	-0.0734	0.1532*	-0.5508*	$0.7290^{*}$	0.3120*	-0.9996*			
C18:3	-0.2718*	0.1242	0.0937	0.0532	0.1491*	-0.0136	0.1982*	-0.2045*	0.1829*	0.1065	-0.1774*	0.1644*		
TPC	-0.1494*	$0.3776^{*}$	0.2677*	0.3335*	0.1043	-0.0465	0.3173*	-0.3625*	0.0162	-0.0881	-0.2079*	0.2152*	-0.0706	
SY <sup>13)</sup>	-0.273*	0.1291*	0.0394	-0.0331	0.1284*	0.0171	0.1507*	-0.1308*	0.02401	-0.0792	-0.0042	0.0048	-0.0041	-0.0136

<sup>1)</sup>DF; days to flowering, <sup>2)</sup>DR; days to ripening, <sup>3)</sup>DH; days to harvest, <sup>4)</sup>LL; leaf length (cm), <sup>5)</sup>LW; leaf width (cm), <sup>6)</sup>PL; plant length (cm), <sup>7)</sup>16:0; palmitic acid (%), <sup>8</sup>18:0; stearic acid (%), <sup>9)</sup>18:1; oleic acid (%), <sup>10</sup>18:2; linoleic acid (%), <sup>11</sup>18:3; linolenic acid (%), <sup>12</sup>TPC; total phenolic content ( $\mu$ g·GAE/mg·DE), <sup>13</sup>SY; seed yield (g/plant). The Pearson correlation table was generated using IBM SPSS 25. The significance of regression coefficients were determined at 95% confidence level (p < 0.05). <sup>\*</sup>Values are significant at p < 0.05; <sup>#</sup>The spines of bract were recorded in 0 to 2 score.



Fig. 4. PCA-biplot of 237 red-, white-, red-petal colored safflower accessions based on the biochemical traits (total phenolic content, crude fat, and individual fatty acid compositions) of their seeds. 16:0; palmitic acid, 18:0; stearic acid, 18:1; linoleic acid, 18:3; linolenic acid. Two clear groups of germplasm collections were formed at the negative and positive side of the PC1 due to high 18:1 and high 18:2 compositions, respectively. Red colored safflower accessions were more converged to the right bottom quadrant of the axis, due to their higher level of total phenolic content.

**Table 4.** Loadings, eigenvalues, and the variances of the principal component analysis (for the first five PC's) of total phenol content, crude fat, and individual fatty acid compositions of 237 safflower seed samples.

	PC 1	PC 2	PC 3	PC 4	PC 5
Total phenol content	0.14817	-0.72822	-0.016	0.32248	0.58495
Crude fat	-0.36519	0.38075	-0.26502	-0.2027	0.69344
Palmitic acid (16:0)	0.44288	0.24902	-0.15954	-0.30903	0.31895
Stearic acid (18:0)	0.23864	0.45063	-0.21215	0.83277	0.036178
Oleic acid (18:1)	-0.53368	0.00099	0.10839	0.1751	0.018002
Linoleic acid (18:2)	0.53057	-0.01712	-0.11404	-0.18285	-0.03123
Linolenic acid (18:3)	0.15899	0.24362	0.9134	0.042672	0.26952
Eigenvalue	3.24391	1.26737	0.960924	0.741088	0.523217
% Variance	46.342	18.105	13.727	10.587	7.4745

A similar observation was reported in safflower (Sung *et al.*, 2016). However, quite the opposite is true in sesame (Uzun *et al.*, 2008; Mondal *et al.*, 2010) which could indicate a difference in activities of various biosynthetic pathways of fatty acid production in different plants. The greatest significant and negative relationship was found between the two major fatty acids, oleic and linoleic acids (r = -0.9996). The inverse relationship between oleic and linoleic acid is also reported in safflower and other oilseed crops (Baydar and Erbaş 2005; Mondal *et al.*, 2010; Sung *et al.*, 2016).

The PCA bi-plot representing scatter plots of the safflower samples and loading plots of crude fat, individual fatty acids, and TPC is represented in Fig. 4 and Table 4.

PCA showed that PC1 and PC2 had eigenvalues greater than

1 and contributed 46.3% and 18.1% of the variations, respectively. Seeds of safflower with red petal color contained high levels of TPC as shown in the PCA. The PCA plot distinguished the genetic resources which contained high percentage of oleic acid from other resources and located at the negative side (left side) of the PC1.

Genetic resources located to the positive side of the PC1 were mainly high linoleic acid- and palmitic acid-containing accessions. Seeds of accessions with red pigment petal contained low percentage of oleic acid. The main contributions for first principal component were from oleic acid, linoleic acid and palmitic acid, where the former contributed negatively. TPC had the highest negative contribution to the PC2, whereas stearic acid had the greatest positive contribution.

#### ACKNOWLEDGMENT

This study was supported by the Research Associate Fellowship Program(PJ01485901) of the National Institute of Agricultural Sciences, Rural Development Administration, Korea.

## REFRENCES

- Agrawal R, Tsujimoto H, Tandon R, Rao SR and Raina SN. (2013). Species-genomic relationships among the tribasic diploid and polyploid *Carthamus* taxa based on physical mapping of active and inactive 18S–5.8S–26S and 5S ribosomal RNA gene families, and the two tandemly repeated DNA sequences. Gene. 521:136-144.
- Akihisa T, Yasukawa K, Oinuma H, Kasahara Y, Yamanouchi S, Takido M, Kumaki K and Tamura T. (1996). Triterpene alcohols from the flowers of Compositae and their antiinflammatory effects. Phytochemistry. 43:1255-1260.
- Ambreen H, Kumar S, Variath MT, Joshi G, Bali S, Agarwal M, Kumar A, Jagannath A and Goel S. (2015). Development of genomic microsatellite markers in *Carthamus tinctorius* L. (safflower) using next generation sequencing and assessment of their cross-species transferability and utility for diversity analysis. PLoS One. 10:e0135443. https://journals.plos.org/plosone/article ?id=10.1371/journal.pone.0135443 (cited by 2020 Nov 1).
- Assefa AD, Jeong YJ, Kim DJ, Jeon YA, Lee JR, Ko HC, Baek HJ and Sung JS. (2018). Assessing phenolic content and antioxidant potential diversity in *Allium* plants using multivariate data analysis. Horticulture, Environment, and Biotechnololgy. 59:759-773.
- Baydar H and Erbaş S. (2005). Influence of seed development and seed position on oil, fatty acids and total tocopherol contents in sunflower(*Helianthus annuus* L.). Turkish Journal of Agriculture and Forestry. 29:179-186.
- Chapman MA and Burke JM. (2007). DNA sequence diversity and the origin of cultivated safflower(*Carthamus tinctorius* L.; Asteraceae). BMC Plant Biology. 7:60. https://link.springer.com/ article/10.1186/1471-2229-7-60 (cited by 2020 Nov 2).
- Conte R, Gullich LMD, Bilibio D, Zanella O, Bender JP, Carniel N and Priamo WL. (2016). Pressurized liquid extraction and chemical characterization of safflower oil: A comparison between methods. Food Chemistry. 213:425-430.
- **Coşge B, Gürbüz B and Kiralan M.** (2007). Oil content and fatty acid composition of some safflower(*Carthamus tinctorius* L.) varieties sown in spring and winter. International Journal of Natural and Engineering Sciences. 1:11-15.
- Dajue L and Mündel HH. (1996). Safflower(*Carthamus tinctorius* L.). Promoting the conservation and use of underutilized and neglected crops. 7. International Plant Genetic Resources Institute. Rome, Italy. p.207-297
- **Downing DT, Stewart ME, Wertz PW and Strauss JS**. (1986). Essential fatty acids and acne. Journal of American Academy of Dermatology. 14:221-225.

Ekin Z. (2005). Resurgence of safflower(Carthamus tinctorius L.)

utilization: A global view. Journal of Agronomy. 4:83-87.

- Emongor V. (2010). Safflower(*Carthamus tinctorius* L.) the underutilized and neglected crop: A review. Asian Journal of Plant Sciences. 9:299-306.
- Flemmer AC, Franchini MC and Lindström LI. (2015). Description of safflower(*Carthamus tinctorius*) phenological growth stages according to the extended BBCH scale. Annals of Applied Biology. 166:331-339.
- Futehally S and Knowles PF. (1981). Inheritance of very high levels of linoleic acid in an introduction of safflower(*Carthamus tinctorius* L.) from Portugal. In First International Safflower Conference. Elsevier Ltd. Berkeley. CA, USA. p.56-61.
- Golkar P, Arzani A and Rezaei AM. (2010). Inheritance of flower colour and spinelessness in safflower(*Carthamus tinctorius* L.). Journal of Genetics. 89:259-262.
- Golkar P. (2014). Breeding improvements in safflower(*Carthamus tinctorius* L.): A review. Australian Journal of Crop Sciences. 8:1079-1085.
- **Grundy SM.** (1997). What is the desirable ratio of saturated, polyunsaturated, and monounsaturated fatty acids in the diet? American Journal of Clinical Nutrition. 66:988S-990S.
- Hammer Ø, Harper DAT and Ryan PD. (2001). PAST: Paleontological statistics software package for education and data analysis. Palaeontologia Electronica. 4:4 http://palaeo-electronica.org/2001 1/past/issue1 01.htm (cited by 2020 Nov 2).
- Hotta Y, Nagatsu A, Liu W, Muto T, Narumiya C, Lu X, Yajima M, Ishikawa N, Miyazeki K, Kawai N, Mizukami H and Sakakibara J. (2002). Protective effects of antioxidative serotonin derivatives isolated from safflower against postischemic myocardial dysfunction. Molecular and Cellular Biochemistry. 238:151-162.
- Kazuma K, Takahashi T, Sato K, Takeuchi H, Matsumoto T and Okuno T. (2000). Quinochalcones and flavonoids from fresh florets in different cultivars of *Carthamus tinctorius* L. Bioscience, Biotechnology, and Biochemistry. 64:1588-1599.
- Kim DJ, Assefa AD, Jeong YJ, Jeon YA, Lee JE, Lee MC, Lee HS, Rhee JH and Sung JS. (2019). Variation in fatty acid composition, caffeic and rosmarinic acid content, and antioxidant activity of perilla accessions. Korean Journal of Medicinal Crop Sciences. 27:96-107.
- Kim JS, Assefa AD, Song JE, Mani V, Park SY, Lee SK, Lee KJ, Kim DG and Hahn BS. (2020). Assessment of metabolic profiles in florets of *Carthamus* species using ultra-performance liquid-chromatography-mass spectrometry. Metabolites. 10:440. https://www.mdpi.com/2218-1989/10/11/440 (cited by 2020 Nov 2).
- **Knowles PF and Hill AB.** (1964). Inheritance of fatty acid content in the seed oil of a safflower introduction from Iran. Crop Science. 4:406-409.
- Koyama N, Kuribayashi K, Seki T, Kobayashi K, Furuhata Y, Suzuki K, Arisaka H, Nakano T, Amino Y and Ishii K. (2006). Serotonin derivatives, major safflower(*Carthamus tinctorius* L.) seed antioxidants, inhibit low-density lipoprotein (LDL) oxidation and atherosclerosis in apolipoprotein E-deficient mice. Journal of Agricultural and Food Chemistry 54:4970-4976.

Kumazawa T, Sato S, Kanenari D, Kunimatsu A, Hirose R,

Matsuba S, Obara H, Suzuki M, Sato M and Onodera J. (1994). Precursor of carthamin, a constituent of safflower. Chemistry Letters. 23:2343-2344.

- Liu L, Guan LL, Wu W and Wang L. (2016). A review of fatty acids and genetic characterization of safflower(*Carthamus tinctorius* L.) seed oil. Organic Chemistry Current Research. 5:1000160. https://www.longdom.org/open-access/a-review-offatty-acids-and-genetic-characterization-of-safflowercarthamustinctorius-l-seed-oil-2161-0401-1000160.pdf (cited by 2021 Feb 02).
- Matthaus B, Özcan MM and Al Juhaimi FY. (2015). Fatty acid composition and tocopherol profiles of safflower(*Carthamus tinctorius* L.) seed oils. Natural Product Research. 6419:193-196.
- Mikhova B, Duddeck H, Taskova R, Mitova M and Alipieva K. (2004). Oxygenated bisabolane fucosides from *Carthamus lanatus* L. Zeitschrift für Naturforsch C. 59:244-248.
- Mitova M, Taskova R, Popov S, Berger RG, Krings U and Handjieva N. (2003). GC/MS analysis of some bioactive constituents from *Carthamus lanatus* L. Zeitschrift für Naturforsc. C. 58:697-703.
- **Mohammadi M and Tavakoli A.** (2015). Effect of harvest time of spring safflower(*Carthamus tinctorius* L.) florets on the production of red and yellow pigments. Quality Assurance Safety of Crops and Foods. 7:581-588.
- Mondal N, Bhat KV and Srivastava PS. (2010). Variation in fatty acid composition in Indian germplasm of sesame. Journal of American Oil Chemists Society. 87:1263-1269.
- Park SD, Park KS, Kim KJ, Kim JC, Yoon JT and Khan Z. (2005). Effect of sowing time on development of safflower anthracnose disease and degree of resistance in various cultivars. Journal of Phytopathology. 153:48-51.
- Pearl SA and Burke JM. (2014). Genetic diversity in *Carthamus tinctorius*(Asteraceae; safflower), an underutilized oilseed crop. American Journal of Botany. 101:1640-1650.
- Pu ZJ, Yue SJ, Zhou GS, Yan H, Shi XQ, Zhu ZH, Huang SL,Peng GP, Chen YY, Bai JQ, Wang XP, Su S, Tang YP and Duan JA. (2019). The comprehensive evaluation of safflowers in different producing areas by combined analysis of color, chemical compounds, and biological activity. Molecules. 24:3381. https://www.mdpi.com/1420-3049/24/18/3381 (cited by 2020 Nov 02).
- Rahamatalla AB, Babiker EE, Krishna AG and El Tinay AH. (2001). Changes in fatty acids composition during seed growth and physicochemical characteristics of oil extracted from four safflower cultivars. Plant Foods for Human Nutrition. 56:385-395.
- Saisanthosh K, Keshavulu K, Plchamy K, Raju TJ, Mukta N and Sultana R. (2018). Study on oil content and fatty acid composition in seeds of different genotypes of safflower (*Carthamus tinctorius* L.). Journal of Pharmacognosy and Phytochemistry. 7:2822-2826.
- Sasanuma T, Sehgal D, Sasakuma T and Raina SN. (2008). Phylogenetic analysis of *Carthamus* species based on the nucleotide sequence of the nuclear SACPD gene and chloroplast *trnL-trnF* IGS region. Genome. 51:721-727.
- Shim KB, Bae SB, Lim SK and Suh DY. (2004). Morphological and genetic diversity of Korean native and introduced safflower germplasm. Korean Journal of Crop Sciences. 49:337-341.

- Sung JS, Jeong YJ, Kim DJ, Assefa AD, Jeon YA, Hur OS, Ro NY, Ko HC, Ok HC, Rhee JH, Lee MC and Baek HJ. (2018). Oil compositions and antioxidant properties of safflower germplasm collected from east Asia. Korean Journal Medicinal Crop Science. 26:32-41.
- Sung JS, Ko HC, Hur OS, Kim SG, Lee JR, Luitel BP, Lee YH, Jang YS, Gwag JG, Baek HJ and Ryu KY. (2016). Morphological and oil compositions in safflower(*Carthamus tinctorius* L.) germplasm of different geographical groups. Journal of the Korean Society of International Agriculture. 28:84-91.
- Takii T, Hayashi M, Hiroma H, Chiba T, Kawashima S, Zhang HL, Nagatsu A, Sakakibara J and Onozaki K. (1999). Serotonin derivative, *N-(p-coumaroyl)serotonin, isolated from* safflower(*Carthamus tinctorius* L.) oil cake augments the proliferation of normal human and mouse fibroblasts in synergy with basic fibroblast growth factor(bFGF) or epidermal growth factor(EGF). Journal of Biochemistry. 125:910-915.
- Taskova R, Mitovab M, Mikhova B and Duddeck H. (2003). Bioactive phenolics from *Carthamus lanatus* L. Zeitschrift für Naturforsch C. 58:704-707.
- Turgumbayeva AA, Ustenova GO, Yeskalieva BK, Ramazanova BA, Rahimov KD, Aisa H and Juszkiewicz KT. (2018). Volatile oil composition of *Carthamus tinctorius* L. flowers grown in Kazakhstan. Annals of Agriculture and Environmental Medicine. 25:87-89.
- Uzun B, Arslan Ç and Furat S. (2008). Variation in fatty acid compositions, oil content and oil yield in a germplasm collection of sesame(*Sesamum indicum* L.). Journal of the American Oil Chemists Society. 85:1135-1142.
- Velasco L, Goffman FD and Becker HC. (1998). Variability for the fatty acid composition of the seed oil in a germplasm collection of the genus *Brassica*. Genetic Resources and Crop Evolution. 45:371-382.
- Waterhouse AL. (2002). Determination of total phenolics. In current protocols in food analytical chemistry. John Wiley and Sons Inc. Hoboken. NJ, USA. p.11.1.1-11.1.8.
- Winitchai S, Manosroi J, Abe M, Boonpisuttinant K and Manosroi A. (2011). Free radical scavenging activity, tyrosinase inhibition activity and fatty acids composition of oils from pupae of native Thai silkworm(*Bombyx mori* L.). Kasetsart Journal(Natural Science). 412:404-412.
- Zhang HL, Nagatsu A, Watanabe T, Sakakibara J and Okuyama H. (1997). Antioxidative compounds isolated from safflower(*Carthamus tinctorius* L.) oil cake. Chemical and Pharmaceutical Bulletin. 45:1910-1914.
- Zhao B, Li H, Lan T, Wu D, Pan L and Chen Z. (2019). Preparation of high-purity trilinolein and triolein by enzymatic esterification reaction combined with column chromatography. Journal of Oleo Science. 68:159-165.
- Zhao G, Qin, GW, Gai Y and Guo LH. (2010). Structural identification of a new tri-*p*-coumaroylspermidine with serotonin transporter inhibition from safflower. Chemical and Pharmaceutical Bulletin. 58:950-952.
- Zhou X, Tang L, Xu Y, Zhou G and Wang Z. (2014). Towards a better understanding of medicinal uses of *Carthamus tinctorius* L. in traditional Chinese medicine: A phytochemical and pharmacological review. Journal of Ethnopharmacology. 151:27-43.